



January Breakfast

| Monday | | Tuesday | Wednesday | Thursday | Friday |
|---|---|---|--|---|---|
|  | | 3 Cinnamon Toast Crunch Cereal Bar Applesauce Cup Dried Fruit | 4 Mini Cinni's Pull-Apart Rolls Fresh Fruit 100 % Fruit Juice | 5 Cocoa Puffs Cereal Breakfast Crackers Strawberries | 6 PopTarts 100 % Fruit Juice Fresh Fruit |
| | | 9 Banana Muffin Breakfast Crackers Diced Peaches | 10 Froot Loops Cereal Strawberry Cup 100 % Fruit Juice | 11 Yogurt Fruit Oatmeal Bar Mixed Fruit | 12 PopTarts 100 % Fruit Juice Fresh Fruit |
| 16 NO SCHOOL | | 17 | 18 Frosted Flakes Cereal Craisins 100 % Fruit Juice | 19 Banana Loaf Yogurt Mixed Fruit | 20 Cinnamon Granola Round Fresh Fruit Diced Pears |
| 22 PopTarts 100 % Fruit Juice Fresh Fruit | 23 Yogurt Granola Blueberries | 24 Banana Muffin 100 % Fruit Juice Fresh Fruit | 25 Cheese Filled Cinnamon Toast Crunch Blueberries | 26 Fruit Oatmeal Bar A Fresh Fruit Dried Fruit | |
| 30 Cocoa Puffs Cereal Bar Breakfast Crackers Diced Peaches | 31 Mini Cinni's Pull-Apart Rolls Strawberries | All meals served with a choice of milk. ~~~~~ Milk contains no artificial growth hormones or antibiotics. | |  | |
| | | | | | Meals are free to ALL students for the 2022-23 school year ~~~~~ MENU SUBJECT TO CHANGE |